

You're a one-of-a kind design made up of a unique blend of ingredients.

You may be a mix of strength, 8 hours of sleep, and determination combined with short legs, blue eyes, brown hair, laughter and passion.

Think carefully about your personality, values, what makes you happy, and what makes you special. Think about your favorite foods, hobbies, or any other characteristics that make up **you**.

On the front of this card, write your recipe for **you**! Don't forget to give directions on how to mix the ingredients together.



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